

LEAVE

Your

MARK

YOUR LIFE.

YOUR LEGACY.

YOUR LEGACY STARTS HERE...

In this booklet you will find stories, resources, and information to help you decide whether you would like to leave a gift to RSVP in your will.

We're so grateful for your kindness in considering us in your legacy. In return we promise that every penny you give will go towards helping survivors of rape and sexual abuse flourish.

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THE IMPACT YOU WILL BE MAKING

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EVERYTHING YOU NEED TO LEAVE
A GIFT IN YOUR WILL



YOUR MONEY GOES A *Long* WAY

WHY

HOPE RENEWED

Mark* is one of the brave survivors we have worked with. He suffered abuse as a child, but never felt able to tell anyone until he met with a counsellor.

"...the counsellor asked me if there was anything else I would like to talk about. Suddenly it came out, I replied, "Yes I was abused when I was 11", the counsellor said that she had been waiting for me to say it. I cried like I've never cried before, it had finally come out and I had finally opened up."

Mark said that without the help of counsellors at RSVP, he wouldn't be where he is today.

"I think and feel more clearly. If I'm struggling, I talk about it. I'm more open and honest about how I'm feeling...All of this would never have been possible without the help, guidance and support of RSVP."



Together we can ensure that counselling is available to those in need, and that survivors have the **confidence to live a hopeful future.**

Just **£15** will enable a counsellor to deliver one hour of counselling.

*Names have been changed to protect the identity of survivors

ENSURING SURVIVORS ARE HEARD

Lisa* is a survivor who has used our ISVA (Independent Sexual Violence Advocate) service. She found that a helping hand from her advocate was just what she needed.

"I was so confused after hearing different things from different police forces and was already in crisis when the latest attack occurred. My ISVA was amazing. Friendly, approachable, knowledgeable and explained everything really clearly. She was really flexible and patient and answered all my questions.."

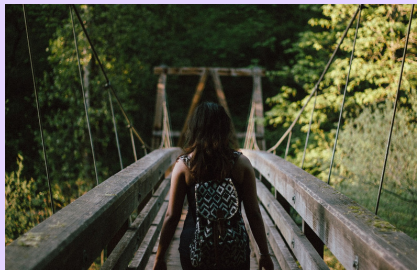
Lisa said that the support of her ISVA was vital in helping her to restart her life after the abuse.

"I was long overdue for a smear test and also hadn't had a STI check since the last incident had occurred. I can honestly say I could not have gone through with the tests without this support.. She waited with me, despite the long wait at the clinic."

*Names have been changed to protect the identity of survivors

We can give a helping hand to survivors.

Just **£100** will enable an advocate to help a survivor through a day in court



WHAT ELSE DO WE DO?

Child, Adult
and LGBT
Advocacy

Counselling

Visual
Evidence for
Victims

Helpline

Social Groups

Self-Help

Asylum-
Seeker and
Refugee
Advice

Coffee
Mornings

WHY

WHY

WE NEED

Your Help

1 in 5 women (16-59 years) have experienced some form of sexual violence.

1 in 10 rape survivors are male.

1 in 20 children have been sexually abused.

1 in 20 women (16-59 years) are survivors of rape,

Of this figure, **90%** knew their attackers,

And only **15%** reported the crime to the police.

A third of teenage girls in a relationship suffer an unwanted sexual act.

Promise

1. We are committed to supporting all sexual abuse survivors in Birmingham and Solihull.

2. Our services will continue to be survivor-centred; empowering victims to become survivors, and live a hopeful life.

3. We recognise that anyone can be a survivor of sexual abuse, and do not discriminate on the grounds of race, gender, sexuality, religion, nationality, age or disability.

4. We will continue to increase our service capacity so we can meet the needs all sexual abuse survivors

5. We will continue to increase our outreach work to ensure that our services are accessible to all in Birmingham and Solihull.

6. It is essential that all front line services are sensitive and work in the best interest for survivors; for this reason we will train, and partner with police, health services, schools and sexual health clinics.

How to

HOW

LEAVE YOUR GIFT

If you decide you would like to leave a legacy to survivors of sexual abuse in your will, there are a few things you'll need to do.

1. Choose from the **different kinds of legacy gifts**:

Pecuniary

Choose a specific amount of money to leave to RSVP in your will

Residuary

After other pecuniary legacies are paid out, choose for RSVP to receive the remainder.

2. **State clearly** in your will that you would like to leave a legacy to Rape & Sexual Violence Project (charity number 1134387). It's a good idea to work with a solicitor when completing your will.

We are so grateful for any type of legacy that is left to us, however, it helps if bequests are made for general charitable purposes so that the donation can be spent where it is needed most at the time it is received.

LET US KNOW! WE'D LOVE TO THANK YOU

Donate In Memory

Funeral Collections

A funeral collection is a meaningful way for family and friends to celebrate the life of a loved one. Organising a funeral collection on behalf of RSVP will leave a positive legacy in the name of your loved one and help support survivors of rape and sexual violence.

In Memory Tribute Funds

A memorial donation can be a special way to honor the life of a loved one on the anniversary of their passing. By supporting RSVP on behalf of a loved one, you could help change the lives of survivors that use our services. Set up a fundraiser or collection online, at an event or at home.

If you would like more information or assistance regarding this, please do not hesitate to get in touch.

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THANK YOU!



Thank you for taking the time to consider us in your legacy.

A gift to RSVP in your will would help survivors of sexual abuse access the support they deserve, and give them a voice for years to come.

Your support will help survivors and their families overcome the effects of sexual abuse.

Decisions made about your will are very important and you should feel informed before making any decisions. We hope this pack has helped to explain more about what leaving a gift in your will would mean. Please don't hesitate to contact us to talk over any questions you may have.

Kind Regards,

The RSVP Team

RSVP
PO Box 9558
Birmingham
B4 7QE
Telephone: 0121 643 0301
Email: info@rsvporg.co.uk

RSVP
rape & sexual violence project

Charity number: 1134387