Training You Helps Survivors

Our trainers have extensive experience of delivering training to professionals and volunteers. Most importantly, when you train with us, you support so many others
.
All proceeds from our training and consultancy work are used to fund our vital, frontline services across Birmingham and Solihull.

- Counselling and wellbeing
- Advocacy support
- Helpline and webchat

Help us build a world free from sexual violence.



Stay Up to Date

Scan to see our upcoming training sessions on our **EventBrite Page**

RSVP

RSVP is an award-winning charity supporting rape and sexual abuse survivors in Birmingham and Solihull. For over 45 years, our specialist, trauma-informed services have empowered thousands to heal, rebuild confidence and thrive.

Our expertise in supporting survivors fuels our passion for training and consultancy. Together, let's ensure no survivor is left behind.

Contact Us

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Birmingham B4 7QE

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Follow us online:

Specialist Training & Consultancy

RSVP
rape & sexual violence project

Charity number: 1134387



Be Empowered to Act, Support, and Protect

Training With RSVP

For those organisations that value the safety of their staff, clients and communities, RSVP offers a variety of training options to empower all professionals to respond to sexual abuse and trauma with compassion, confidence, and clarity.

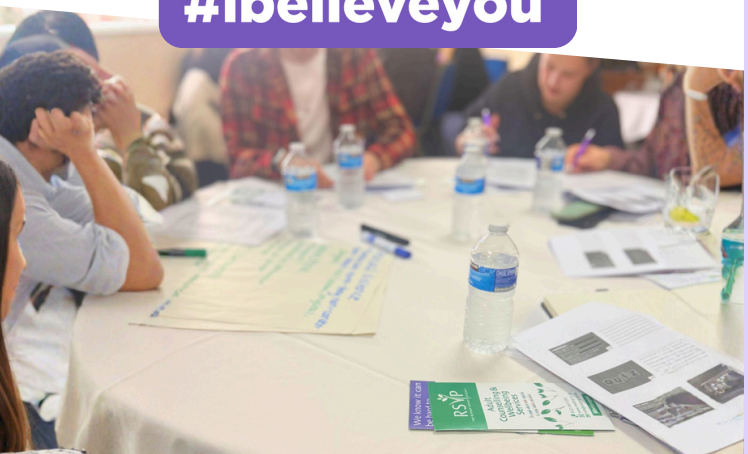
We offer:

- Training Packages
- Bespoke Training
- Online Sessions
- Expert Consultancy Services

Your Benefits

- Deeper knowledge of sexual violence and abuse
- Trauma-informed handling of incidents and disclosures
- Stronger foundation for policy-making
- Improved company culture and professional relationships

#ibelieveyou



Training Packages

Our courses include:

- Introduction to Sexual Violence & Abuse
- Trauma-Informed Approaches
- Understanding Victim Blaming
- CSA & CSE Awareness
- Tackling Workplace Sexual Harassment
- Intersectionality & Sexual Violence
- Online Image Abuse & Pornography
- INSET Training
- Challenging the Manosphere
- #TimeToTalk Train the Trainer

and much more.

These sessions are suitable for practitioners from all sectors working with adults, young people and children, and employers who want to support their teams in the workplace.

> The training was very insightful and informative. The interactive nature of the training allowed helpful discussions around information provided.

> Delivery was great, really well presented and the trainer is incredibly knowledgeable.

In 2025, **75%** of sexual abuse incidents in the workplace went **unreported.**



Bespoke Training

Our specialist trainers can create bespoke training packages for your organisation on a range of topics. Get started with impact-driven training, delivered through a trauma-informed lens.

Bespoke packages start from: £350 for a one-hour briefing session, to £1,500 for a full day online or face-to-face training session for up to 20 participants.

Consultancy

Safety starts with policy. We have extensive consultancy experience, providing expert advice to private and public sector organisations on matters such as:

- Developing of sexual abuse & harassment policies
- Undertaking research and consultations
- Developing resources to be used in schools/colleges
- Conducting training needs analysis

Get in touch with us to discuss how we can fit your organisation's needs.
Email us: **trainer@rsvporg.co.uk**